

Mordeo

GROW SALAD BAR

Salads

Salmon & Avocado Poke

Raw salmon, brown rice, wakame, crisp onion shallots, cucumber, herbs.

Our pick: togarashi dressing

15.00

Tuna Nicoise

Green beans, tomato, onion, potato, olives, egg anchovy, parsley

Our pick: balsamic dressing

12.50

Greek Quinoa Salad

Quinoa, chickpea, tomato, cucumber, olive, feta, onion, almonds, herbs

Our pick: balsamic dressing

11.50

Chicken & Avocado Salad

Chicken, avocado, celery, corn, shallots, almonds, parsley

Our pick: aioli

14.00

Thai Salad

Green papaya, tomato, green beans, cucumber, peanuts, onion, coriander, mint, chili, dried shrimp

Our pick: Thai dressing

13.00

Green Bowl

Kale, green beans, broccoli, cucumber, herbs, pepitas, grapes, apple

Our pick: lemon dressing

11.50

Moroccan Salad

Cous cous, dates, raisins, chickpea, carrot, pepitas, almonds, mint, spiced yoghurt

Our pick: lemon dressing

11.50

Acai Bowls

\$10

Original Bowl

Açaí, banana topped with granola and add Amazonia protein

Sunset Acai Bowl

Açaí, mixed berries topped with strawberry and granola

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Protein Shakes

Reg \$8 / Lge \$10

Caveman

Banana, almonds, almond milk, honey,
raw protein

Slim & Tone

Blueberries, coconut water, raw protein

Wild Mango

Mango, agave, coconut & rice milk,
raw protein

Smoothies

Reg \$6 / Lge \$8

Very Berry

Berries, banana, coconut & rice milk

Breakfast Blast

Muesli, walnuts, banana, strawberries,
almond milk

The Mango

Mango, banana, honey, almond milk

The Green

Kiwi fruit, mango, spinach, almond milk

Acai Smoothies

Reg \$8 / Lge \$10

Amazonia

Acai, strawberries, watermelon

Almond acai

Açai berries, banana, and almond milk.

The Dragon

Dragon fruit, mango, strawberries,
coconut water

Cold pressed Juice

*100% natural juice, raw natural produce to
nourish our bodies, made fresh daily*

1. Beetroot, carrot, apple, ginger
2. Watermelon, pineapple, mint
3. Cucumber, apple, lemon, mint
4. Orange, apple, carrot, ginger
5. Orange

Add supplements for protein shakes and smoothies add \$2 / raw protein, raw green